



WRMLA Water Bottle Policy

Over the past year there have been concerns shown over the potential health risks related to the sharing of water bottles by players, officials, coaches and other participants.

The Welland Minor Lacrosse Association is recommending the following protocol as it relates to the use of water bottles:

"Good team hygiene includes ensuring all players and staff have their own water bottles to prevent the transmission of viruses and bacteria. Bottles should be labelled and washed after each practice or game"

It is further recommended that officials avoid the practice of drinking from the player's bottles. If officials require water during a game, we suggest that they have their own water bottle at the timekeepers / penalty box area.

Good hygienic practices will help to maintain a healthy team atmosphere and ultimately assist in keeping all participants healthy throughout the season.